What is claimed is:

1. In a multimedia telecommunications network, a method of synchronizing network-based voicemail and multimedia mail messages with a wireless communications device and an external message recording device, the method comprising the steps of:

connecting the wireless communications device to the external device;
establishing a call between the wireless communications device and a
voicemail/multimedia mail server in the network;

exchanging information between the wireless communications device and the voicemail/multimedia mail messages about the subscriber's messages, which messages may be stored on the external device and the voicemail/multimedia mail server;

determining the status of the subscriber's messages;

where there is at least one new message for the subscriber on the server, downloading any new messages to the external device and updating the server;

where there are no new messages for the subscriber on the server, playing a message for the subscriber indicating that there are no new messages;

where at least one message has been deleted by the subscriber using the external device, deleting any corresponding messages from the server;

where at least one message has been modified by the subscriber on the external device, uploading any modified messages to the server; and releasing the call.

2. The method defined in claim 1, further comprising the step of activating the external device.

- 3. The method defined in claim 1, further comprising the step of disconnecting the wireless communications device from the external device.
- 4. The method defined in claim 1, wherein the voicemail/multimedia mail server includes a processor and a database for storing subscriber messages and other subscriber data.
- 5. The method defined in claim 1, further comprising the step of storing in a database at the voicemail/multimedia mail server a profile for the subscriber, the profile including a voicemail ID number; the subscriber's user ID and password; whether to delete all messages from the server after they have been downloaded to the external device; whether to keep the original message when a message has been modified; and whether to automatically synchronize at predetermined intervals.
- 6. The method defined in claim 1, wherein the network includes an IP Multimedia Subsystem for managing calls and administering packet switching for multimedia communications in the network.
- The method defined in claim 2, further comprising the steps of:
 disconnecting the wireless communications device from the external
 device; and

storing in a database at the voicemail/multimedia mail server a profile for the subscriber, the profile including a voicemail ID number; the subscriber's user ID and password; whether to delete all messages from the server after they have been downloaded to the external device; whether to keep the original message when a message has been modified; and whether to automatically synchronize at predetermined intervals.

- 8. The method defined in claim 7, wherein the network includes an IP Multimedia Subsystem for managing calls and administering packet switching for multimedia communications in the network.
- 9. The method defined in claim 7, wherein the external device includes a device control processor for directing the operation of the various functioning components of the external device, a loudspeaker for playing audio messages including voicemail messages and prompts, a message storage unit for storing voicemail and multimedia mail messages, which format may be analog or digital, and a visual screen for viewing multimedia mail messages, as well as prompts and text messages from the external device.
- 10. In a multimedia telecommunications network, a system for synchronizing network-based voicemail and multimedia mail messages with a wireless communications device and an external message recording device, the system comprising:

means for connecting the wireless communications device to the external device;

means for establishing a call between the wireless communications device and a voicemail/multimedia mail server in the network;

means for exchanging information between the wireless communications device and the voicemail/multimedia mail messages about the subscriber's messages,

which messages may be stored on the external device and the voicemail/multimedia mail server;

means for determining the status of the subscriber's messages;

means for downloading any new messages on the server to the external device and updating the server;

means for playing a message for the subscriber indicating that there are no new messages on the server;

means for uploading any modified messages to the server; and means for releasing the call.

- 11. The system defined in claim 10, further comprising means for activating the external device.
- 12. The system defined in claim 10, further comprising means for disconnecting the wireless communications device from the external device.
- 13. The system defined in claim 10, wherein the voicemail/multimedia mail server includes a processor and a database for storing subscriber messages and other subscriber data.
- 14. The system defined in claim 10, further comprising a database at the voicemail/multimedia mail server for storing a profile for the subscriber, the profile including a voicemail ID number; the subscriber's user ID and password; whether to delete all messages from the server after they have been downloaded to the external device; whether to keep the original message when a message has been modified; and whether to automatically synchronize at predetermined intervals.

- 15. The system defined in claim 10, wherein the network includes an IP Multimedia Subsystem for managing calls and administering packet switching for multimedia communications in the network.
- 16. The system defined in claim 11, further comprising the steps of: means for disconnecting the wireless communications device from the external device; and

a database at the voicemail/multimedia mail server for storing a profile for the subscriber, the profile including a voicemail ID number; the subscriber's user ID and password; whether to delete all messages from the server after they have been downloaded to the external device; whether to keep the original message when a message has been modified; and whether to automatically synchronize at predetermined intervals.

- 17. The system defined in claim 16, wherein the network includes an IP Multimedia Subsystem for managing calls and administering packet switching for multimedia communications in the network.
- 18. The system defined in claim 16, wherein the external device includes a device control processor for directing the operation of the various functioning components of the external device, a loudspeaker for playing audio messages including voicemail messages and prompts, a message storage unit for storing voicemail and multimedia mail messages, which format may be analog or digital, and a visual screen for viewing multimedia mail messages, as well as prompts and text messages from the external device.